

# Out of Africa Schools Education Pack: Teachers Resource Pack



## **Introduction**

The Out of Africa learning pack is designed for teachers and contains activities suitable for the various Key Stages, which address many elements of the National Curriculum.

The content will inspire every aspect of a young person's desire for knowledge, giving them the tools to understand and appreciate the achievements of Africa, in life and in football.

The pack has evolved out of the hard work and determination of volunteers that want to share the passion and excitement of the history of African football, it's footballers and their contribution to football in the UK.

Building on energy and information from a wealth of primary sources the pack has been produced by Centre Spot CIC.

The pack has been designed to link across many strands of the National Curriculum at both Key Stages 2 and 3, and references to the statutory and non-statutory requirements of a number of subjects have been made so that as a teacher you can easily build aspects of the Out of Africa Pack into your curriculum planning.

## Section: 1

## Welcome to Africa

### Suggested Learning Objectives:

- All pupils will be able to identify some of the key facts about African nations.
- Most pupils will be able to use those facts to understand what it is like to live in Africa.
- Some pupils will be able to answer questions on African nations using the knowledge they have gained.

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### National Curriculum Links:

#### Key Stage 2:

**PSHE/Citizenship:** 4(f)

**Geography:** 1(a), 2(c), 3(f), 4(b)

#### Key Stage 3:

**Citizenship:** Level 3/4

(Enquiring about diverse cultures in the wider world)

**PSHE:** Key Concept: Diversity

**Geography:** Level 4

(Understanding of the Geography of the wider world)

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### Content:

#### 1. An Introduction to the inspiration of Africa

Introduce the Learning Pack to the pupils – inspire them by explaining that the pack is supported by a number of professional footballers

- Ask the pupils what they know about Africa and African footballers.
- Ask the pupils to read the introduction to the Learning Pack.
- Ask the class what they think about the introduction, how it inspires them and discuss the goals that they might want to set themselves.
- Ask pupils to set themselves five things that they want this pack to help them achieve.

#### 2. Welcome to Africa

The Welcome to Africa section is designed to introduce pupils to Africa, its many countries, people and cultures.

#### Homework

- Ask pupils to research and to colour in the flags.
- Ask pupils to research and name the flags.
- Ask the pupils to identify five countries on the map.
- Ask pupils to learn five countries, their flags and locations and the 'Did You Know' facts for a quiz.

#### Quiz Questions

1. Name three African countries and draw their flags.
2. How many miles is it from Ghana to London by plane?
3. What is the highest mountain in Africa called?
4. What is the name of the longest river in the world?
5. Which country is Kim Grant from?
6. How many climate zones are there in Africa?
7. Which climate zone has a wet summer with 64cms of rain?

**Content:**

8. Name three sports that African athletes have competed in for the Olympic or Paralympics games?
9. How do Muslims in west Africa celebrate festivals with their Christian neighbours?
10. Bonus point – Draw the flag of Emmanuel Adebayor's country.

## Section: 2

## A Brief History of African Football

### Suggested Learning Objectives:

- All pupils will be able to chart developments in African football history
- Most pupils will be able to research and learn about the key figures of the history of African football
- Some pupils will be able to enquire and question the roles played by important figures from the past and how they relate to the present day.

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### National Curriculum Links:

#### Key Stage 2:

**History:** 1(a), 2(d), 5(a), 13

**English:** En1 2(c)

**ICT:** 1(a)

#### Key Stage 3:

**History:** Level 4/5 (Showing understanding of international history)

**ICT:** Level 4 (Combining and refining information from various sources)

**Drama:** Level 4/5 Hotseating

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### Content:

#### 1. A Brief History of African Football

Pupils should complete the timeline, placing all of the significant events in the order that they occurred.

Using a computer, follow the link to the Out of Africa website. Additionally pupils can be taught how to use different sources to expand their search for information on a given topic. Pupils should also be encouraged to use the Out Of Africa Exhibition panels as a way of introducing archival research techniques.

#### 2. In the Hotseat - Learning about Players, Countries and Careers

Pupils should choose a key player from the Out of Africa website, YouTube channel, or from the timeline they have produced.

<http://www.outofafricacampaign.com/>  
<http://www.youtube.com/user/ooacampaign>

Ask pupils to research and write a biography for their player. The information on the website, includes their birthplace and career highlights.

## Section: 3

## African Footballers in the UK

### Suggested Learning Objectives:

- All pupils will be able to chart the places that African footballers travelled to in order to play football in the UK.
- Most pupils will be able to talk about the reasons why the footballers came to the UK to play football.
- Some pupils will be able to play the role of a player and put themselves in their shoes.

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### National Curriculum Links:

#### Key Stage 2:

**PSHE/Citizenship:** 4(f)

**Geography:** 1(a), 2(c), 3(f), 4(b)

#### Key Stage 3:

**Citizenship:** Level 3/4

(Enquiring about diverse cultures in the wider world)

**PSHE: Key Concept:** Diversity

**Geography:** Level 4

(Understanding of the

Geography of the wider world)

**Drama:** Level 4/5 Hotseating

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### Content:

## African Footballers in the UK

### 1. The Journey

Pupils begin the session by using a map of Africa alongside a map of the UK. They have a list of footballers and the first club that they joined in the UK, they begin by matching the footballer to their home country and draw a line to the location of their first club in the UK. This allows students to also pinpoint places in the UK, and can be used in conjunction with a map of the UK on a whiteboard.

### 2. Role Play

Pupils put themselves in the shoes of footballers, each of whom have a different reason for coming to the UK.

In small groups, pupils should discuss the reason for the players being here, and some of the influences that may have caused them to play in the UK rather than another country.

As a group pupils should plan a talk on why their player has come over here. This should then be presented to the group, with one pupil from the group actually playing the part of the footballer.

## Section: 4

## Becoming a Professional Footballer

### Suggested Learning Objectives:

- All pupils will be able to understand why a healthy lifestyle is important to personal well-being
- Most pupils will be able to practice skills that could help them develop their footballing technique
- Some pupils will be able to combine the skills and healthy lifestyle on their way to becoming better sportsmen/women.

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### National Curriculum Links:

#### Key Stage 2:

**PSHE:** 1(b), (c), 3(a)

**Science:** Sc2 2(b)

**PE:** 4(a),(b),(c),(d)

#### Key Stage 3:

**PSHE:** Key Concept – Healthy Lifestyles

**Technology:** Food Technology Levels 4/5 – The Eat Well Plate

**Science:** Level 5 – The Human Life Cycle

**PE: Level 5** – Healthy Lifestyles and combining skills accurately

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### Content:

#### 1. Win the match at the Dinner Table

Use the information provided to discuss the different food groups and the importance of a balanced diet with the class. Use Vincent Pericard's top tips as a basis for conversation.

#### Homework

- Pupils should plan a week's food diary with their parents and see if they can eat healthily all week.

#### Progressions

- Pupils could complete an eating diary – fill in the lunchtime parts at school and the rest at home.
- The schools could build on this as part of a healthy eating drive, all can participate from the staff to the pupils.

#### 2. Becoming an expert

Pupils should put together their four-week becoming an expert planner using the pack to gain ideas.

#### Homework

- Pupils should complete their four-week planner and present their log to the class.

#### Progressions

- Pupils can critically evaluate their training and the benefits of using a planner to track their progress.
- Pupils can refresh and expand their training log, setting new goals and challenges.
- Pupils can share their improvements with their class.

## Section: 5

## Kick it Out

### Suggested Learning Objectives:

- All pupils will be able to recognise the importance of building positive relationships with one another.
- Most pupils will be able to understand the diversity of different cultures.
- Some pupils will be able to recognise where negative stereotypes once existed and the positive work that has been done to address these.

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### National Curriculum Links:

**Key Stage 2:**  
**PSHE:** 2(c), 4(b)

**Key Stage 3:**  
**PSHE:** Key Concepts:  
Relationships and Diversity

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### Content:

Use the experiences of racism in football below to spark discussion on footballers' experiences. Explore the ideas of racism, and different things the young people have experienced themselves.

#### Experiences of Racism in Football

Footballers share their experiences of racism on and off the football pitch...

'It was warming up at the sidelines; that was daunting. To hear all of this racial abuse, I turned round, expecting it to be the away supporters and found out it was my own supporters. It was really hurtful.'

*Paul Canoville, ex-professional footballer*

'We were all astonished to be honest with you. It was unbelievable, especially in a game as high profile as that. I think that no one expected it...it was quite embarrassing and I was offended by it.'

*Shaun Wright-Phillips - speaking about the racist abuse he received whilst playing for England in Spain in 2004*

'When we played against the Spanish team for Arsenal in the Champions League some of the fans were chanting some stuff which was not nice...I think it was embarrassing for their team's management who apologised to myself and a few of the other players.'

*Rachel Yankey,  
England Ladies Footballer*

Students should use the space in the booklet to design an anti-racism poster. They should use either of the two slogans:

Kick Racism Out of Football  
or Show Racism the Red Card...

... when designing their poster. The best designs could be used as display material for a classroom or corridor.

## Section: 6

## Quiz

### Suggested Learning Objectives:

Summary section designed to test pupil knowledge over the past few lessons.

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### Content:

The quiz is a selection of multiple choice questions, and pupils should circle the correct answer.

It provides an opportunity to reflect on all of the previous learning, and can be done both as an individual activity or as a group – especially when comparing scores.

The final activity asks pupils who their favourite African footballer is. They should write down their reasons for why they are an inspiration – this can be anything ranging from their ability as a footballer, to the journey they have been on, to the advice that they give.

#### Answers:

*Who was the first African footballer to play in the English league?*

Answer – Arthur Wharton

*How many hours of practice does it take to become an expert at a skill?*

Answer - 10,000

*What is the tallest mountain in Africa?*

Answer – Mount Kilimanjaro

*How many languages are spoken in Africa?*

Answer – Over 2000

*What country is Adel Taarabt from?*

Answer - Morocco

*Which club did Victor Wanyama first join when he arrived in the UK?*

Answer - Celtic

*What does Vincent Pericard recommend that you drink instead of fizzy drink?*

Answer – Water



*Which of these African countries is the biggest?*

Answer - Algeria

*What is the capital city of Ghana?*

Answer - Accra

*How far is the distance from the UK to South Africa?*

Answer - Nearly 6000 Miles

*How much annual rainfall does Libya get each year?*

Answer - 56mm

*What is the name of the biggest football club in Egypt?*

Answer – Al Ahly

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### List of Out Of Africa A3 Exhibition Panels

1. Arthur Wharton.
2. The First African Tourists.
3. First Generation
  - Wilfred Waller,
  - Alex Bell,
  - Hassan Hegazi.
4. Second Generation
  - Tewfik Abdallah,
  - Mohammed Latif,
  - Mustafa Mansour.
5. The African Tours
  - Nigeria,
  - Ghana,
  - Uganda.
6. Third Generation
  - Robert Priday,
  - Teslim Balogun,
  - Elkanah Onyeali,
  - Stephen Mokone.
7. Albert Johanneson.
8. Fourth Generation
  - Bruce Grobbelaar,
  - Efan Ekoku,
  - Kim Grant.
9. Premiership Stars
  - Peter Ndlovu,
  - Efetobore Sodje,
  - Anthony Yeboah.
10. Lucas Radebe
11. Millennium Stars
  - Bobo Balde,
  - JJ Okocha,
  - Mustapha Hadji.
12. Stars of Today
  - George Elokobi,
  - Emmanuel Adebayor,
  - Sone Aluko,
  - Adel Taarabt,
  - Victor Moses,
  - Youssuf Mulumbu,
  - Cheick Tiote,
  - Victor Wanyama.